

# Chelsea R. Mondock

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## EDUCATION

### University of Delaware

B.A. in Psychology, *summa cum laude*  
Minor in Human Development and Family Studies  
Cumulative GPA: 3.97 Major GPA: 4.00

Newark, DE  
May 2014

## PROFESSIONAL EXPERIENCE

### Research Assistant Coordinator

July 2017-Present  
Newark, DE

Center for Training, Evaluation, and Community Collaboration

Advisors: Dr. Briana Haut, Dr. Adina Seidenfeld, and Dr. Stevie Grasseti

Projects: Multiple dissemination and implementation research projects evaluating interventions in the community to bridge the science-to-service gap. Project Community Outreach, Referral, & Early Intervention (CORE) aims to improve outcomes for individuals (ages 12 to 25) that may be at risk for psychosis or who have recently experienced a first psychotic episode. Project Linking Actions for Unmet Needs in Children's Health (LAUNCH) aims to link families with children (ages birth to 8) to resources and mental health services. Project Building Roads to Inclusivity and Diversity in Graduate Education (BRIDGE) promotes diversity and inclusion in clinical science.

#### *Research Assistant Manager*

- Supervise and provide feedback to undergraduate students on data collection, entry, and management.
- Create procedural and training protocols for undergraduate students.
- Mentor and support undergraduate students in meeting their academic and career goals.

#### *Lead Interviewer*

- Evaluate a secondary intervention, CORE, for individuals (ages 12-25) at risk for developing psychosis and severe mental illness.
- Conduct 6-month interval, discharge, and 6-month post-discharge follow-up interviews with CORE participants to assess potential changes in symptom presentation, quality of life, perception of care, level of occupational and social functioning, drug use, and mental health stigma.
- Collaborate with clinicians to assess CORE fidelity.
- Collect qualitative and quantitative data measuring parental satisfaction, parental self-efficacy, and parenting stress to evaluate Integrated Well Visits at Nemours Outpatient Clinics for Project LAUNCH.

- Participate in and evaluate community outreach events using surveys to ensure children and families receive resources about early childhood mental and behavioral health services for Project LAUNCH.

*Diversity and Inclusion Assistant Coordinator*

- Assist with various tasks for Project BRIDGE.
- Participate in the planning and execution of an event to support undergraduate students from traditionally underrepresented groups interested in clinical science.
- Assist with grant writing for project promoting diversity and inclusion in clinical science programs across the country.
- Assist with the design of a website to provide graduate school resources to underrepresented students.
- Attend diversity workshops and events.

**Staff Research Associate**

May 2014-June 2017

Infant Caregiver Project, University of Delaware

Newark, DE

Advisors: Dr. Mary Dozier, Dr. Caroline Roben, and Dr. Amanda Costello

Projects: Multiple NIH-funded randomized clinical trials of Attachment and Biobehavioral Catch-up (ABC), a preventative intervention for infants and toddlers who have experienced a range of types of early adversity. RCTs conducted with several populations including maltreated children, children in foster care, and children adopted internationally. Also assisted with the dissemination and implementation of ABC.

*Lab Manager*

- Supervised and provided feedback to over 50 staff members and undergraduate students on research visits, assessment administration, and data collection and management.
- Created procedural and training protocols for multiple projects.
- Assisted with grant and budget reports.

*Clinician Supervisor*

- Served as a clinical supervisor as part of the dissemination and implementation of the Attachment and Biobehavioral Catch-up (ABC) Intervention.
- Provided weekly feedback and support to Master- and Ph.D.-level clinicians during a year-long training period.
- Assessed and coded parent behaviors and clinician fidelity in the ABC intervention.
- Improved the clinical supervision process by creating procedures and protocols for the supervision training manual.
- Led clinician supervisor meetings focusing on fidelity coding and supervisor-clinician relations to ensure proper and professional fidelity supervision.

*Lead Researcher*

- Led home-based and laboratory research visits to administer a range of behavioral and questionnaire assessment measures with caregivers and children (ages 2-10) to measure attachment, parental sensitivity, self-regulation, executive function, cognitive ability, psychiatric symptomology, aggression, and peer relations.

- Conducted behavioral assessments and interviews with diverse populations (e.g., families with children adopted internationally, families with children in foster care placements, and families with Child Protective Services involvement).
- Assisted in the collection of biological samples to assess hormone regulation.

*Recruitment Coordinator*

- Recruited and scheduled over 300 participants from diverse populations for a longitudinal study of CPS-involved caregivers and children (families were originally involved in the study when children were infants, this follow-up was conducted when children were 8-10 years old).
- Managed and coordinated recruitment and retention rates for annual reports.
- Doubled the recruitment and retention rate by creating positive relationships with children and families.

**Lead Undergraduate Research Assistant**

January 2013-May 2014

Infant Caregiver Project, University of Delaware

Newark, DE

- Supervised and trained over 40 undergraduate research assistants in data entry, data management, and lab procedures.
- Coded parent behaviors during Attachment and Biobehavioral Catch-up Intervention sessions.
- Supervised clinicians during training period using fidelity coding system.
- Micro-coded parent regulatory behaviors second-by-second in an emotion regulation task using Noldus Observer 11.
- Assisted in the development and refinement of emotion regulation coding system.
- Assisted with in-home and lab research visits to collect data for a longitudinal study.
- Entered and analyzed data related to child development and clinician fidelity.

**University of Delaware Service-Learning Scholar**

June 2013-August 2013

Infant Caregiver Project, University of Delaware

Newark, DE

Advisors: Dr. Mary Dozier and Dr. Caroline Roben

- Participated in a competitive 10-week experiential learning program, which focused on the “Enhancing Fidelity Among Parent Coaches” Project.
- Coded and supervised trained parent coaches for fidelity in the Attachment and Biobehavioral Catch-up Intervention.
- Analyzed and presented results at Undergraduate Research and Service Scholar Celebratory Symposium.

**Clinical and Research Assistant**

February 2012-February 2013

Delaware’s Bringing Evidence-Based System of Care Treatment (B.E.S.T.)

Newark, DE

Advisor: Dr. Timothy Fowles

Project: Statewide SAMSHA-funded dissemination and evaluation of Parent-Child Interaction Therapy (PCIT), Trauma-Focused Cognitive Behavioral Therapy (TF-CBT), and Attachment and Biobehavioral Catch-up (ABC) in community clinics.

- Shadowed and assisted clinicians conducting Parent-Child Interaction Therapy.
- Assessed parenting skills and monitored behavior change of children (ages 2-6).

- Supervised children (ages 2-6) with externalizing behaviors/behavioral disorders.
- Entered data and assisted in literature review for research project.

## PRESENTATIONS

**Mondock, C., Zajac, L., Bookhout, M., Hubbard, J., & Dozier, M. (2017, April).** *Emotional and behavioral dysregulation in early childhood as predictors of maladaptive social information processing at age 8.* Poster presented at the 2017 Society for Research in Child Development (SRCD) Biennial Meeting, Austin, TX.

Meade, E.B., **Mondock, C., Roben, C.K.P., & Dozier, M. (2015, March).** *Using screening interviews to predict therapist performance in the ABC Intervention across time and samples.* Poster presented at the 2015 Society for Research in Child Development (SRCD) Biennial Meeting, Philadelphia, PA.

**Mondock, C. (2014, May).** *Screening interviews as predictors of parent coach competence in the Attachment and Biobehavioral Catch-up Intervention.* Poster presented at the Eighth Annual Psychology Poster Day, Newark, DE.

Haggerty, D., Moore, A., **Mondock, C., & Velez, J. (2013, August).** *Enhancing fidelity among parent educators.* Talk presented at the 4<sup>th</sup> Annual Undergraduate Research & Service Scholar Celebratory Symposium, Newark, DE.

**Mondock, C., Krain, R., & Nolan, B. (2013, May).** *The association between clinical symptomology and parental sensitivity.* Poster presented at the Seventh Annual Psychology Poster Day, Newark, DE.

## SKILLS

### Clinical Training

- Fidelity Supervision for the Attachment and Biobehavioral Catch-up Intervention
- Trained to assess and report risk of exposure to abuse and engagement in suicidal or homicidal behavior

### Research Training

- Management of participant recruitment rates, retention rates, and projections for grant and budget reports for study funded by the National Institutes of Health (NIH)
- Research and consent visits in home and laboratory settings

### Coding Training

- Fidelity Coding System for Attachment and Biobehavioral Catch-up Intervention
- Inhibitory Control Coding System (Noldus Observer)
- Emotion Regulation Coding System (Noldus Observer)

## **Assessment and Interview Administration**

### *Dyadic Procedures*

- Strange Situation (Ainsworth, Blehar, Waters, & Wall, 1978)
- Dyadic Parent-Child Interaction Task Assessing Parental Sensitivity (NICHD Early Child Care Research Network, 1999, 2003)
- Dyadic Parent-Child Interaction Coding System (DPICS) for Parent-Child Interaction Therapy, Fourth Edition (Eyberg, Chase, Fernandez, & Nelson, 2014)

### *Child Measures*

- Woodcock-Johnson Tests of Cognitive Abilities, Third Edition (WJ-III COG)
- Woodcock-Johnson Tests of Achievement, Third Edition (WJ-III ACH)
- Peabody Picture Vocabulary Test, Third Edition (PPVT-III; Dunn & Dunn, 1997)
- Social Information Processing Application (SIP-AP; Kupersmidt, Stelter, & Dodge, 2011)
- Dimensional Change Card Sort (DCCS), adapted for young children (Beck, Schaefer, Pang, & Carlson, 2011)
- Disappointing Gift (Cole, Zahn-Waxler, & Smith, 1994)
- Attachment Hierarchy Assessment (AHA)
- Middle Childhood Attachment Script Assessment (MCASA; Waters, Bosmans, Vandevivere, Dujardin, & Waters, 2015)
- Harter (Harter, 1982)
- Kerns Security Scale (Kerns, Klepac, & Cole, 1996)

### *Parent Measures*

- Disturbances of Attachment Interview (DAI; Smyke & Zeanah, 1999)
- Indiscriminate Friendliness Interview (IFI; Chisholm, 1998)
- This is My Baby Interview (TIMB; Bates & Dozier, 1998)
- Caregiver Social Support Interview (SSI)
- Life Events Calendar (LEC)
- Attachment Script Assessment (ASA; Waters & Waters, 2006)
- Early Intervention Parenting Self-Efficacy Scale Items (EIPSES; Guimond, Wilcox, & Lamorey, 2008)
- Parenting Stress Index (PSI; Abidin, 2012)

### *Clinical Measures*

- NOMs Client-Level Measures for Discretionary Programs Providing Direct Service Services Tool for Adult Programs (SAMHSA, 2017)
- NOMs Client-Level Measures for Discretionary Programs Providing Direct Service Services Tool Child/Adolescent or Caregiver Combined Respondent Version (SAMHSA, 2011)
- Children's Interview for Psychiatric Syndromes (ChIPS; Weller, Weller, Fristad, & Rooney, 1999)
- Children's Interview for Psychiatric Syndromes-Parent Version (P-ChIPS; Weller, Weller, Fristad, & Rooney, 1999)
- Mental Illness Research, Education, and Clinical Center (MIRECC) Version of the Global Assessment of Functioning (GAF) Scale (MIRECC-GAF; Niv, Cohen, Sullivan, & Young, 2007)
- Clinical Assessment of Social & Role Functioning (Cook & Downing, 2010)

- Self-Stigma of Mental Illness Scale (SSMIS: Corrigan, Michaels, Vega, Gause, Watson, & Rusch, 2011)
- Prodromal Questionnaire-Brief Version (PQ-B; Loewy & Cannon, 2010)
- Modified Colorado Symptom Index (MCSI; Conrad, Yagelka, Matters, Rich, Williams, & Buchanan, 2001)
- Lehman's Quality of Life Global Rating Scale (Lehman, 1988)
- Participant Fidelity Checklist for the Portland Identification and Early Referral Model
- Clinician Fidelity Checklist for the Portland Identification and Early Referral Model

### **Computer Skills**

- Microsoft Office (Word, Excel, and Power Point)
- SPSS Statistical Analysis Software
- Filemaker Pro
- Qualtrics
- Noldus Observer
- iMovie
- LiveCode
- Website Design (Squarespace and Weebly)

### **Languages**

- English
- Basic knowledge of speaking, writing, and reading Spanish

## **ADDITIONAL EXPERIENCE**

### **Childcare Provider**

July 2010-December 2011

Private Home

Middletown, DE

- Supervised and provided care for three children (ages 3-8).
- Planned weekly activities and outings.

## **VOLUNTEER EXPERIENCE**

- University of Delaware Alternative Spring Break April 2014
- UDANCE September 2012-October 2013
- Art Therapy Express February 2012
- 6 ABC Philadelphia Thanksgiving Day Parade September 2010-November 2012

## **AWARDS AND HONORS**

- *Summa cum laude* Spring 2014
- Dean's list Fall 2010-Spring 2014
- The National Society of Collegiate Scholars Fall 2011-Spring 2014
- Student of Distinction Fall 2013